

Government of the District of Columbia
ADVISORY NEIGHBORHOOD COMMISSION 3F

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RESOLUTION REGARDING Support for FY 23 Funds to Study Potential and Feasibility of Senior Wellness Center in Ward 3

February 15, 2022

Whereas The [District Office of Aging and Community Living](#) (OACL) operates six physical senior wellness centers located in Wards 1, 4, 5, 6, 7, and 8. OACL also supports a “virtual” senior wellness center — [AroundTownDC](#) — for Wards 2 and 3. AroundTownDC provides a valuable service to connect seniors to available activities, and the Commission has supported its efforts in February 2020 [testimony](#) before the Council. It does not, however, address seniors’ critical need for a physical place to gather and to receive wellness services.

Whereas [Census data](#) shows that Ward 3 has a higher concentration of seniors than the rest of the District — about 17% of the Ward 3 residents are age 65 and older compared with about 13% District-wide. Social isolation is a problem for older adults that affects both their physical and mental health and is linked to more rapid cognitive decline. More than 58% of DC’s older adults live alone,¹ running a greater risk of social isolation. Senior wellness centers are a significant element in the District’s strategy for addressing this social isolation among older adults. The permanent staff at a wellness center can also observe changes in seniors’ health and provide proactive support that is not available on a virtual platform.

Whereas The District’s [Comprehensive Plan Policy Map](#) designates significant portions of Ward along the Connecticut Avenue and Wisconsin Avenue corridors as Future Planning Analysis Areas, and the Office of Planning is currently engaged in detailed planning processes for those corridors in Chevy Chase, Friendship Heights, Tenleytown, Cleveland Park, and Woodley Park.² The Lisner-Louise-

¹ “[A Portrait of D.C.’s Older Adults](#),” DC Policy Center, June 22, 2018.

² [Rock Creek West Roadmap](#), District Office of Planning, December 16, 2021, page 16.

Dickson-Hurt Home is also [planning an expansion](#) that may include community space. These initiatives can and should include planning for a senior wellness center.

Whereas ANC 3C and ANC 3/4G are also considering similar resolutions requesting \$100,000 of FY 23 funds to be set aside for a visioning and options study to identify potential sites in Ward 3.

Be it therefore resolved that ANC 3F urges the Mayor, the Office of Planning and the District Council to include \$100,000 in the FY 2023 budget to conduct an options and visioning study to identify potential sites for and the feasibility of a brick-and-mortar senior wellness center located in Ward 3. This study should be coordinated with the Office of Planning's as well as other District ongoing planning initiatives in Ward 3.

Be it further resolved that ANC 3F authorizes Commissioners David and Mehta to speak on behalf of the Commissioners on this subject with the Mayor's Office and cabinet, the Council, and OP.

ANC 3F approved this resolution at its meeting on February 15, 2022, which was properly noticed and at which a quorum was present by a vote of 7 in favor, 0 opposed, and 0 abstaining.



Chair, ANC 3F